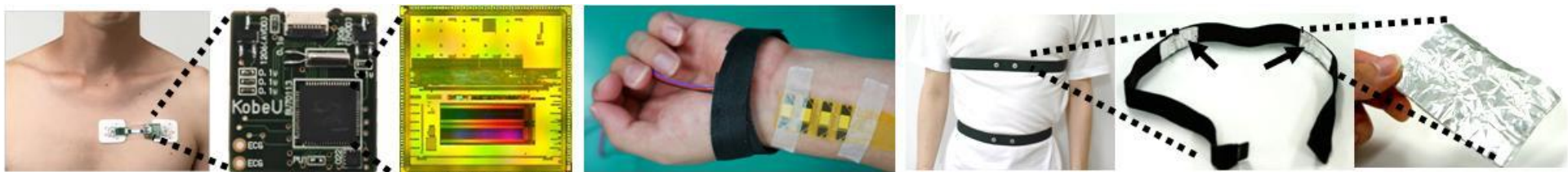
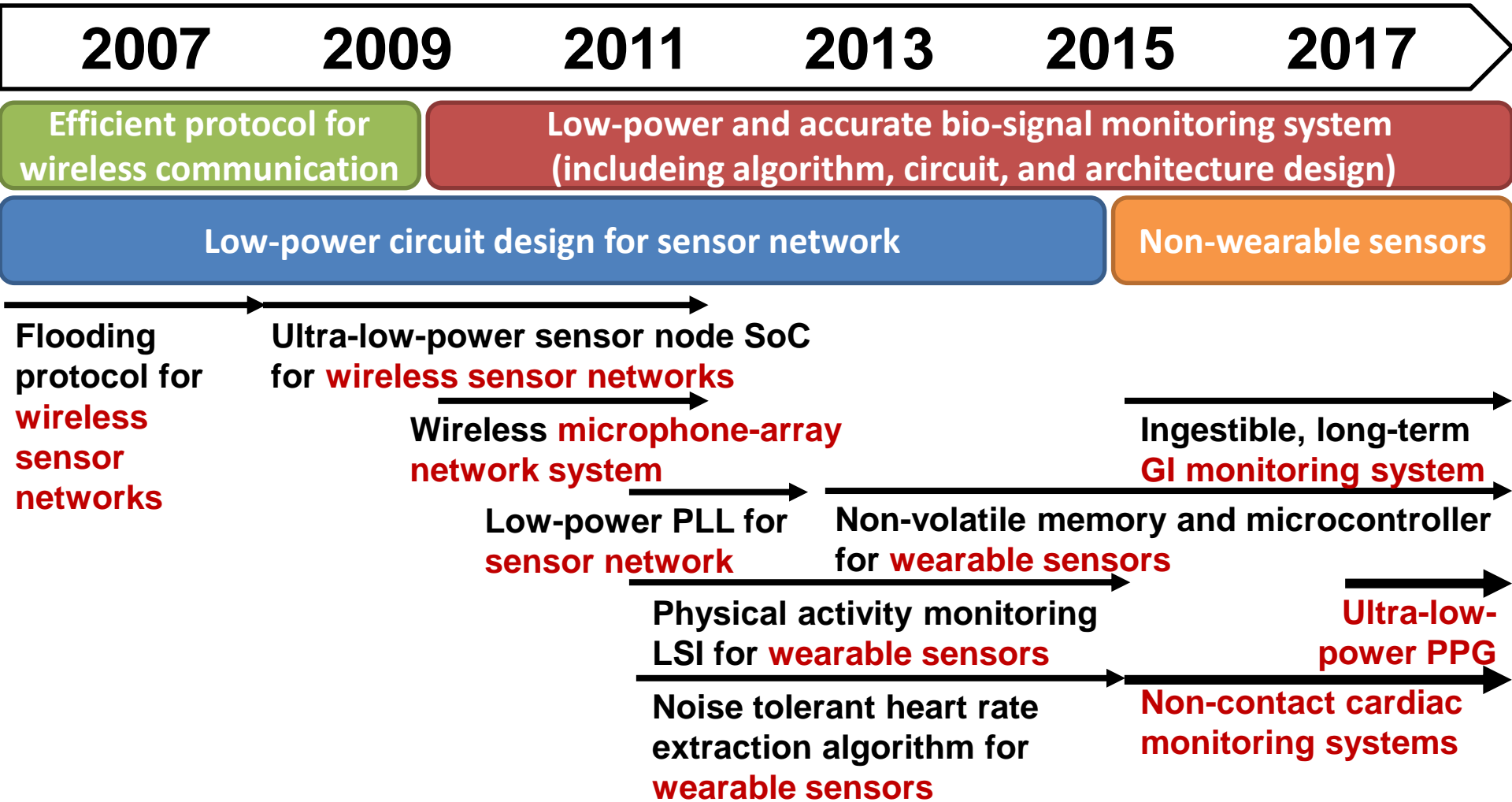


# Design of wearable and non-wearable cardiac monitoring system

Shintaro Izumi

Organization for Advanced and Integrated Research,  
Kobe University

# My research field



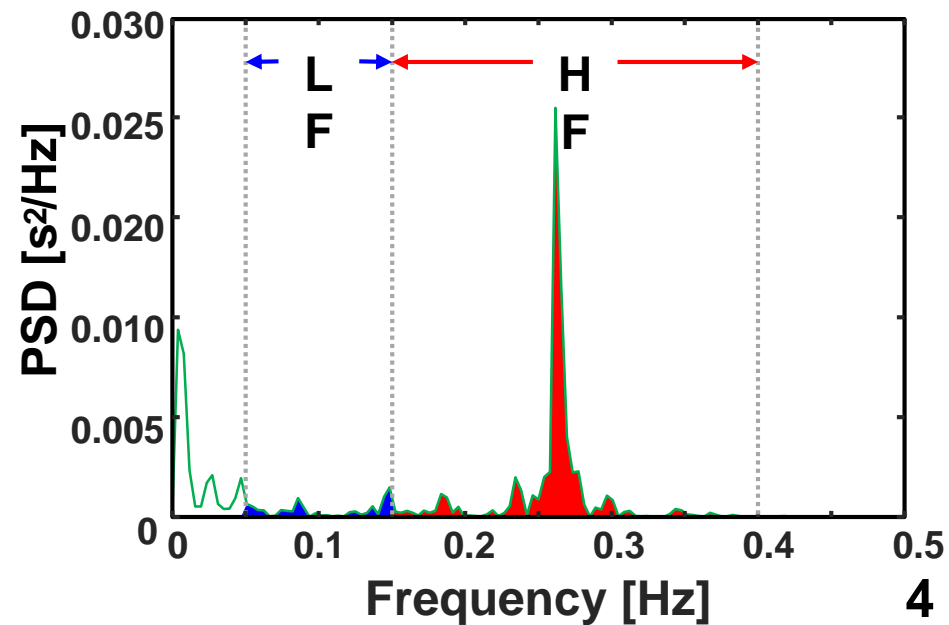
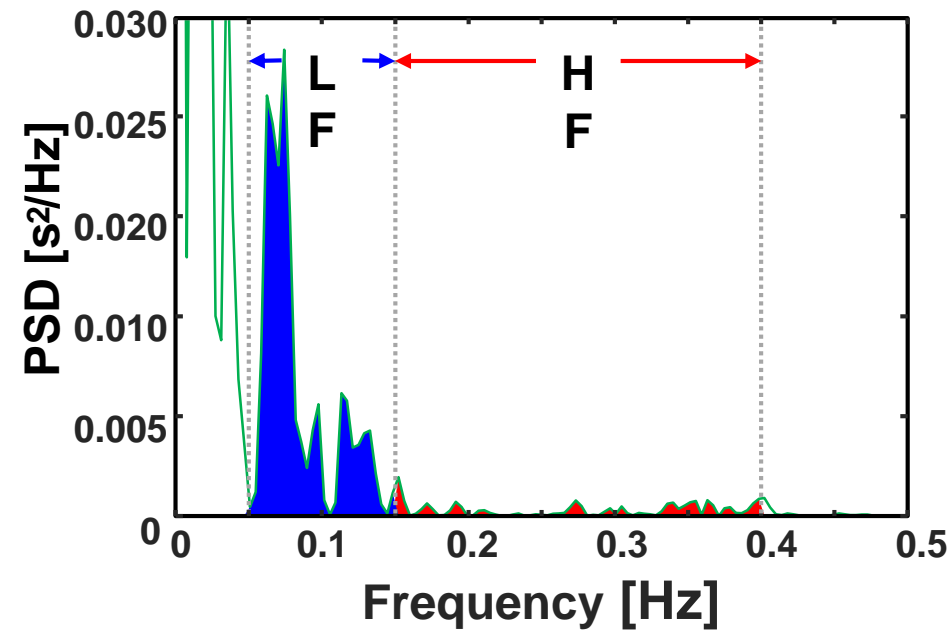
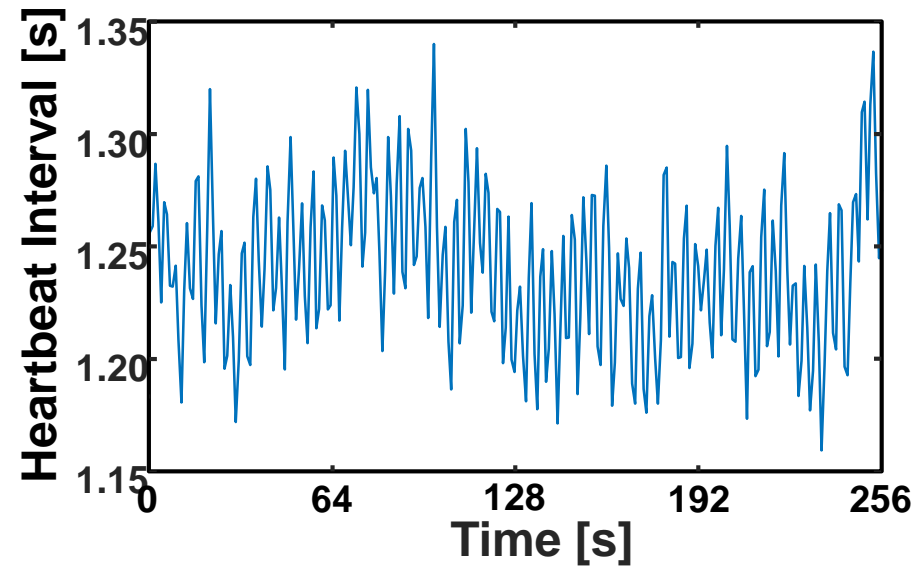
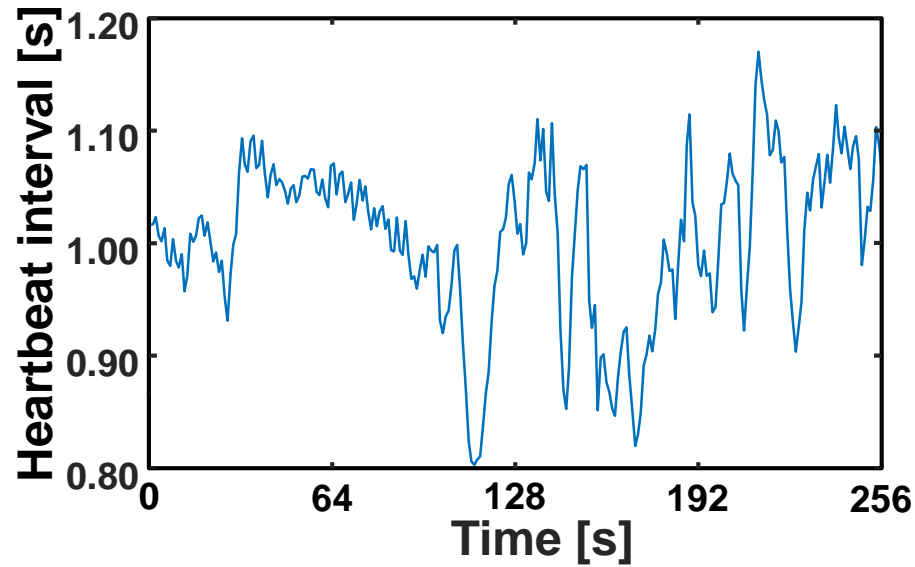
# Objective of this research

---

- ❖ **Application:** Heart rate (variability) monitoring for Stress, Sleep, and Cardiac disease monitoring
- ❖ **Method:** Wearable and non-wearable cardiac sensing
- ❖ **Issue:**
  - Power reduction for long battery life
  - Non-contact monitoring
  - Noise reduction and accurate sensing<sub>3</sub>

# Example of Heart Rate Variability

---

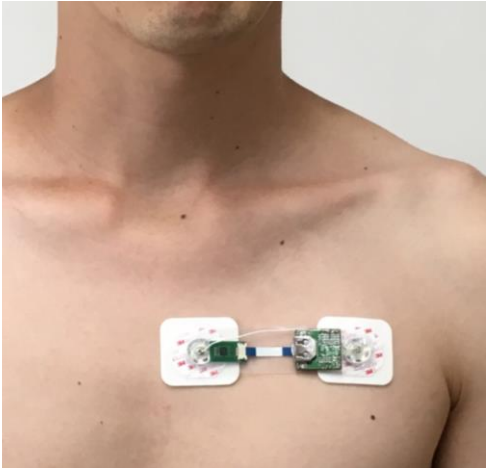


# Objective of this research

---

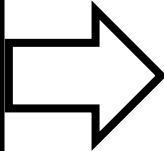
- ❖ **Application:** Heart rate (variability) monitoring for Stress, Sleep, and Cardiac disease monitoring
- ❖ **Method:** Wearable and non-wearable cardiac sensing
- ❖ **Issue:**
  - Power reduction for long battery life
  - Non-contact monitoring
  - Noise reduction and accurate sensing<sub>5</sub>

# Roadmap

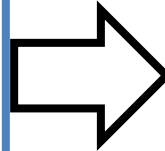


Ultra-low-power ECG and PA sensor.

**Paste-type  
(body trunk)**



**Paste-type  
(wrist)**



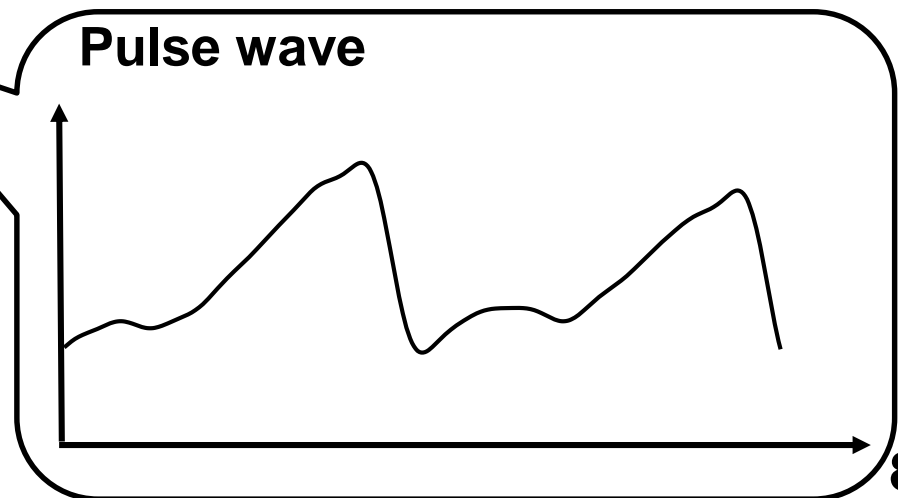
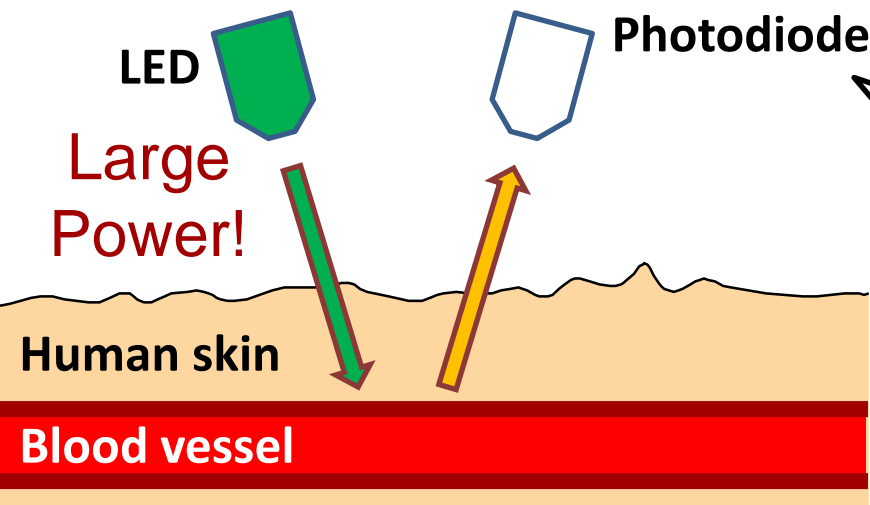
**Non-contact**

- 1) Ultra-low-power pulse wave (PPG) sensor
- 2) Capacitively coupled ECG sensor
- 3) Microwave Doppler (heartbeat) sensor

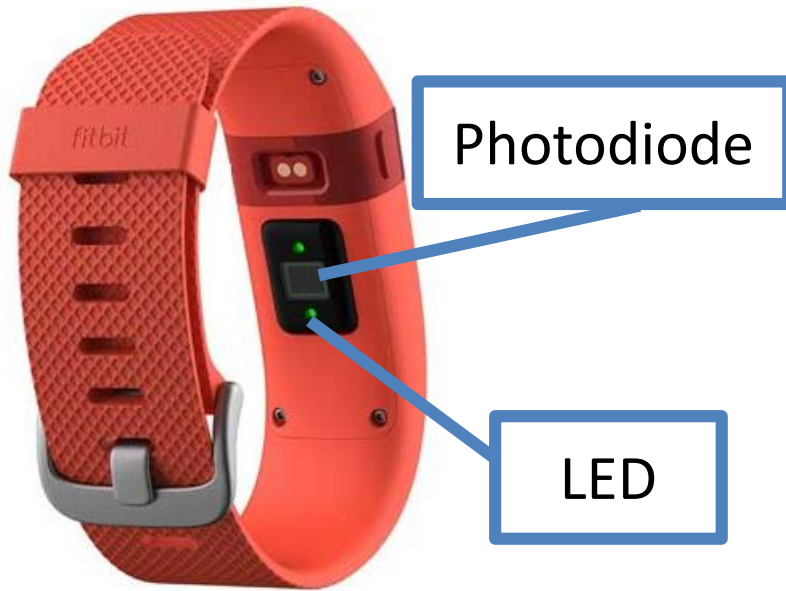
# PPG (pulse wave) sensor



- 1) Irradiate green light to the body surface
- 2) Measures the amount of light absorption by hemoglobin  
→ Related to the volume change of blood vessel

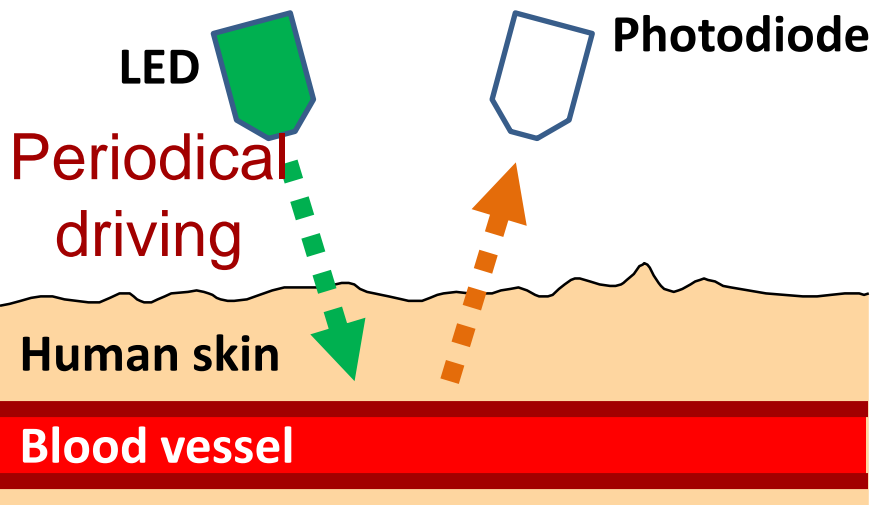
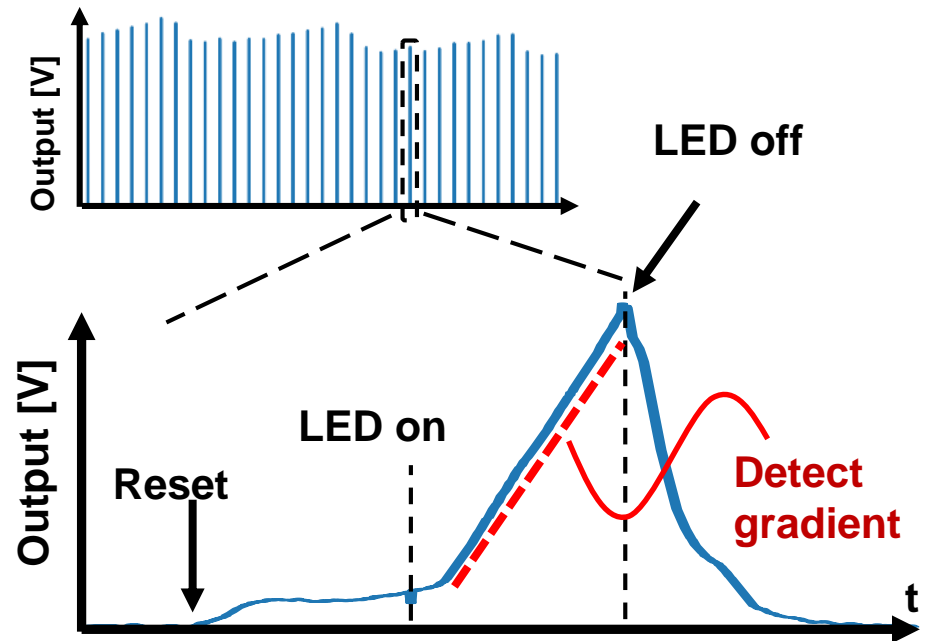


# Ultra-low-power PPG sensor



Proposed method:

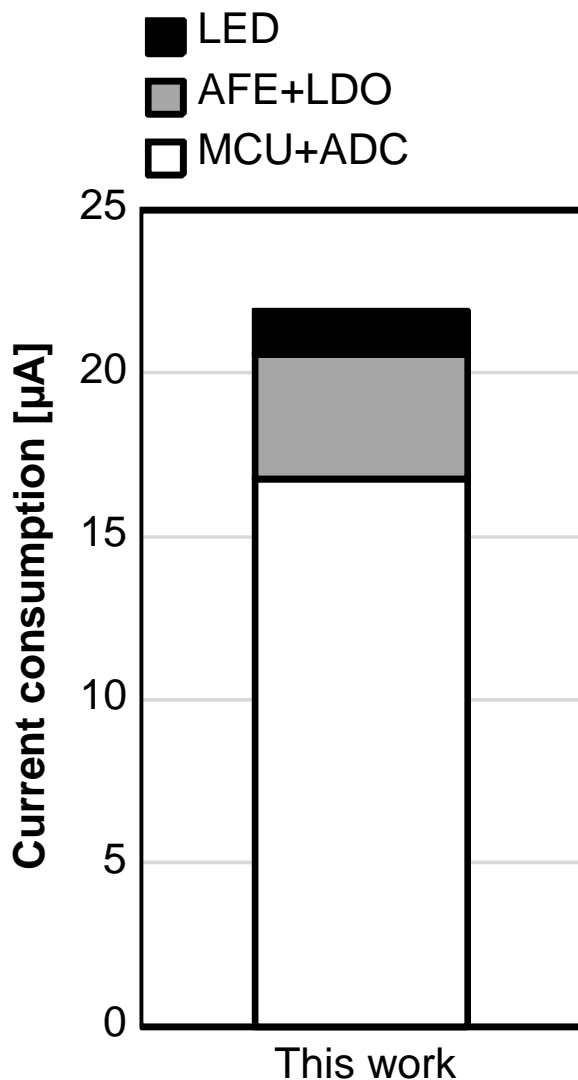
1) New circuit design for periodical LED driving



2) Upconversion algorithm for active rate reduction



# Ultra-low-power PPG sensor

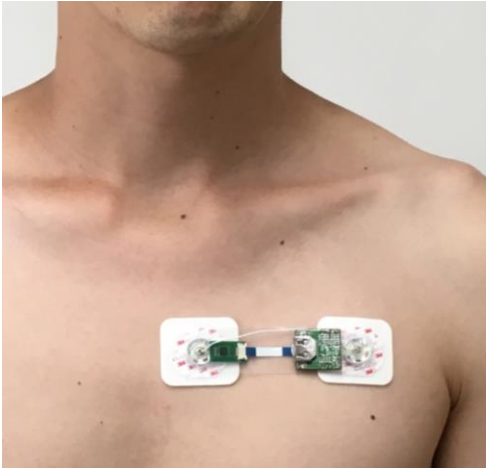


	This work	[1]	[2]
Photo detection circuit	Current integration	TIA	TIA
Sampling Freq.	16 Hz	128, 16, 13 and 4 Hz	N/A
Feature Extraction	Pulse Interval	Pulse Interval	Pulse Interval
<b>Heart beat interval error (MAE)</b>	<b><u>4.77 ms</u></b>	2 bpm	N/A
Supply voltage	3V	1.2V	1.5V and 1.2V (Digital), 3.3V (LED)
Current consumption (w/o LED)	20.6 µA	143 µA	35.78 µA
<b>Current consumption (w/ LED)</b>	<b><u>21.9 µA</u></b>	178.8 µA	155.8 µA

[1] V. R. Pamula et al., IEEE Trans. BioCAS, vol. 11, no. 3, pp. 487–496, June 2017.

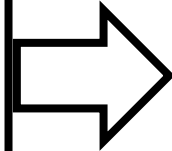
[2] A. Sharma et al., IEEE Journal of Solid-State Circuits, vol. 52, no. 4, pp. 1021–1033, April 2017, 10

# Roadmap

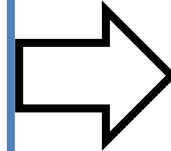


Ultra-low-power ECG and PA sensor.

**Paste-type  
(body trunk)**



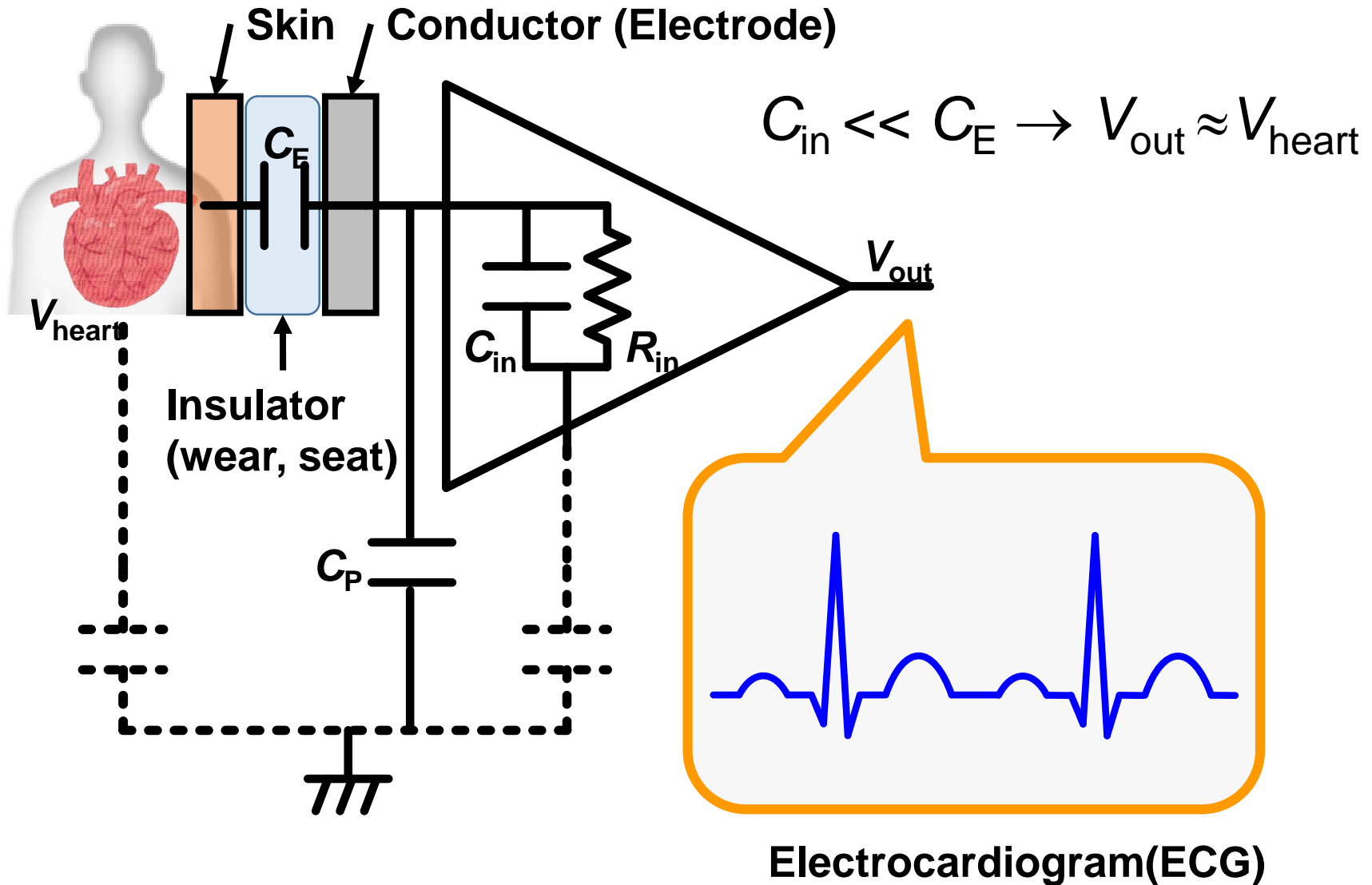
**Paste-type  
(wrist)**



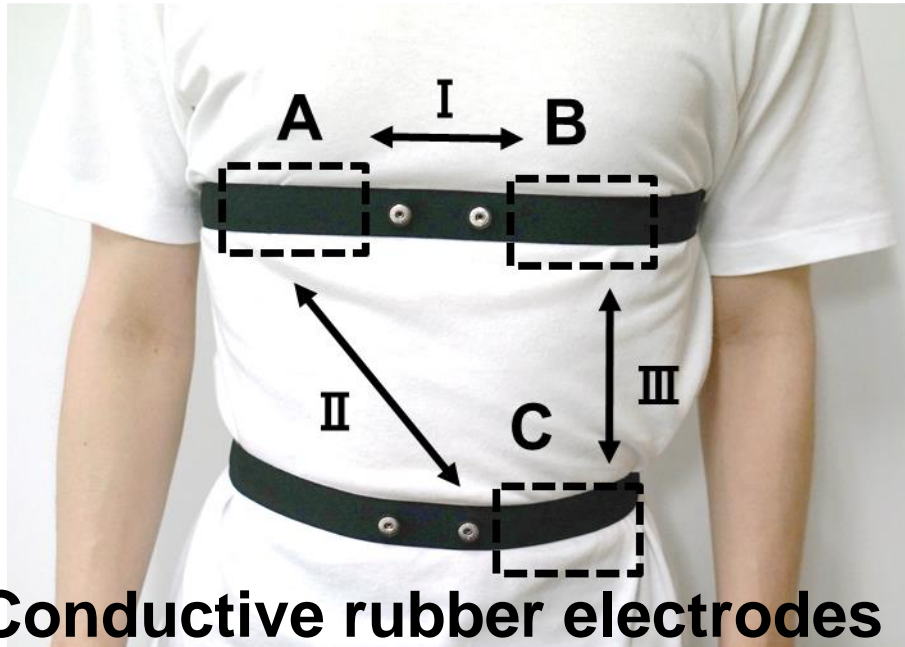
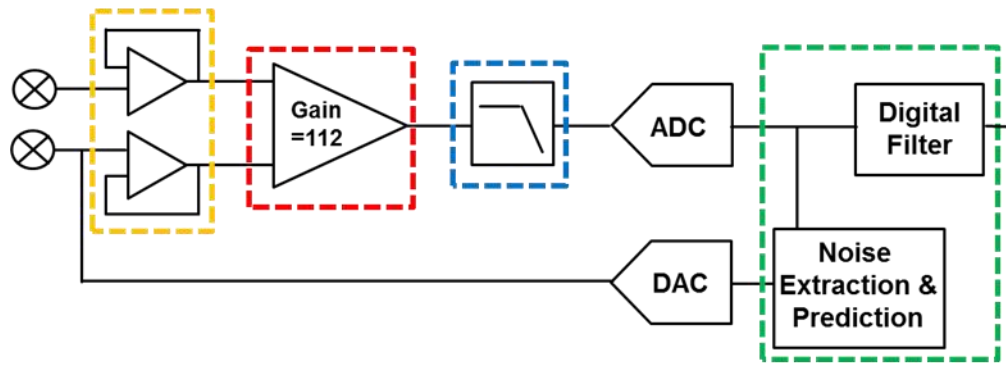
**Non-contact**

- 1) Ultra-low-power pulse wave (PPG) sensor
- 2) Capacitively coupled ECG sensor
- 3) Microwave Doppler (heartbeat) sensor

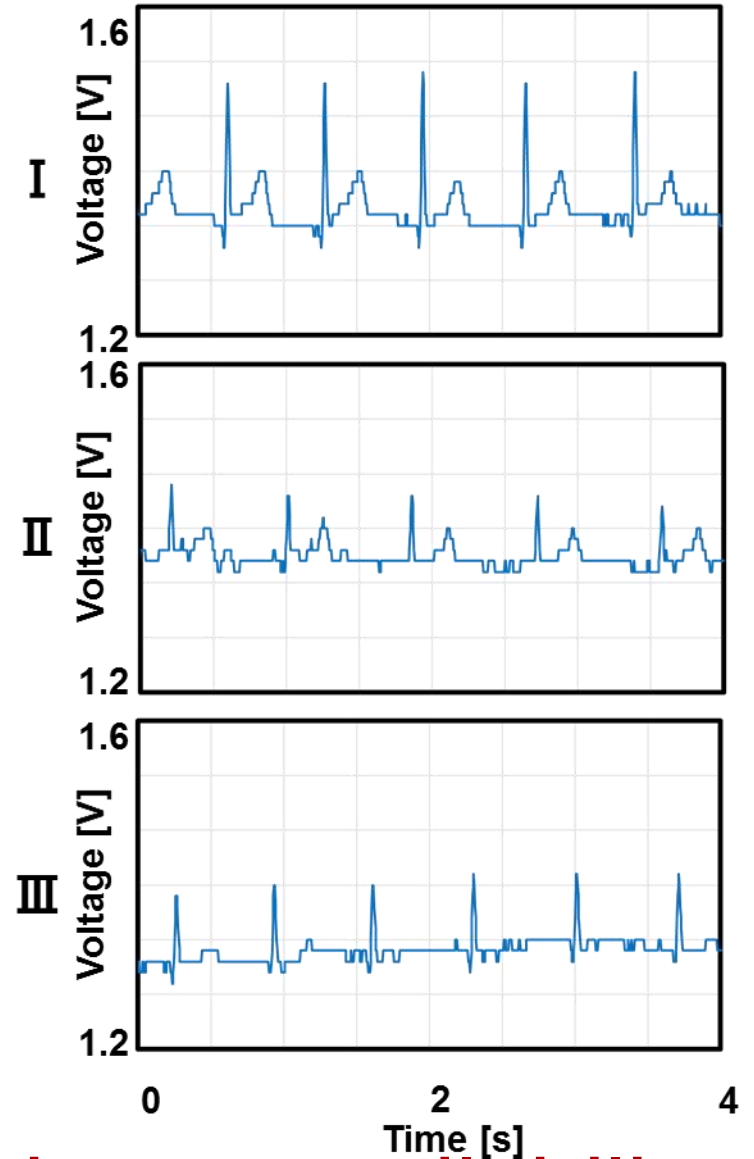
# Capacitively coupled ECG



# Capacitively coupled ECG



Conductive rubber electrodes



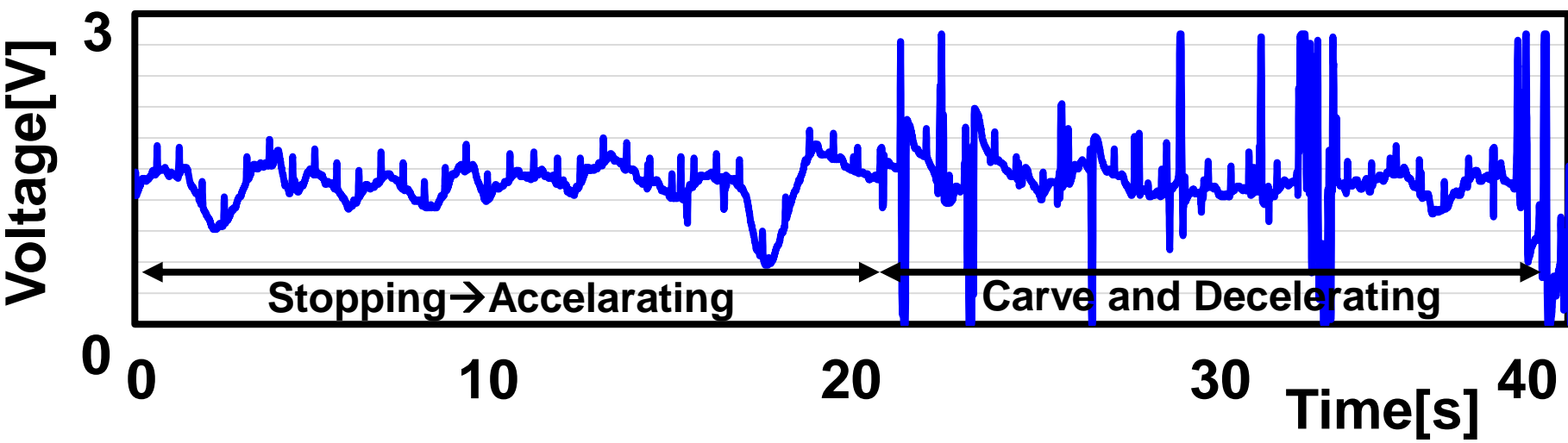
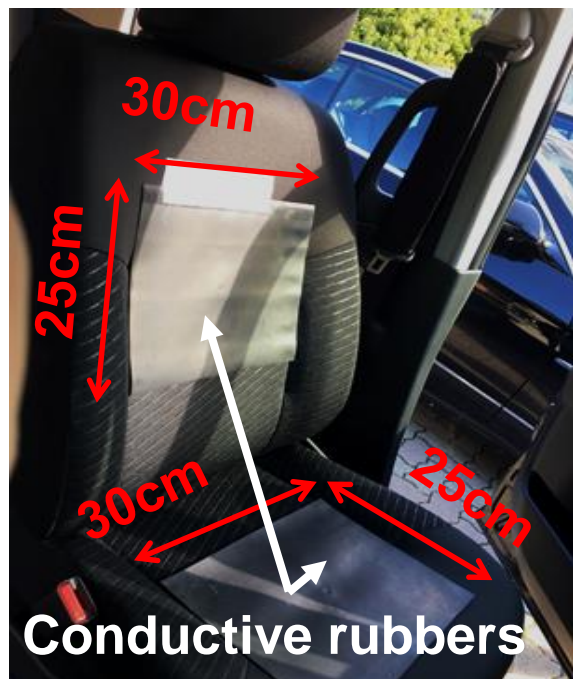
Noise feed-back is effective to availability.

# Capacitively coupled ECG

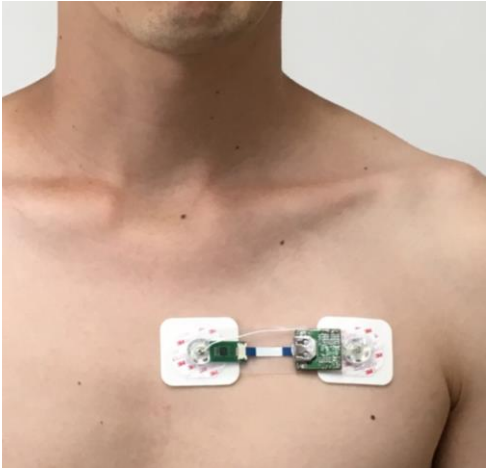
---



# Capacitively coupled ECG

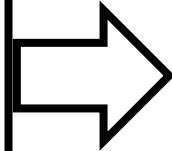


# Roadmap

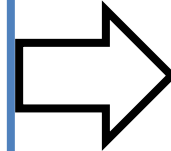


Ultra-low-power ECG and PA sensor.

**Paste-type  
(body trunk)**



**Paste-type  
(wrist)**

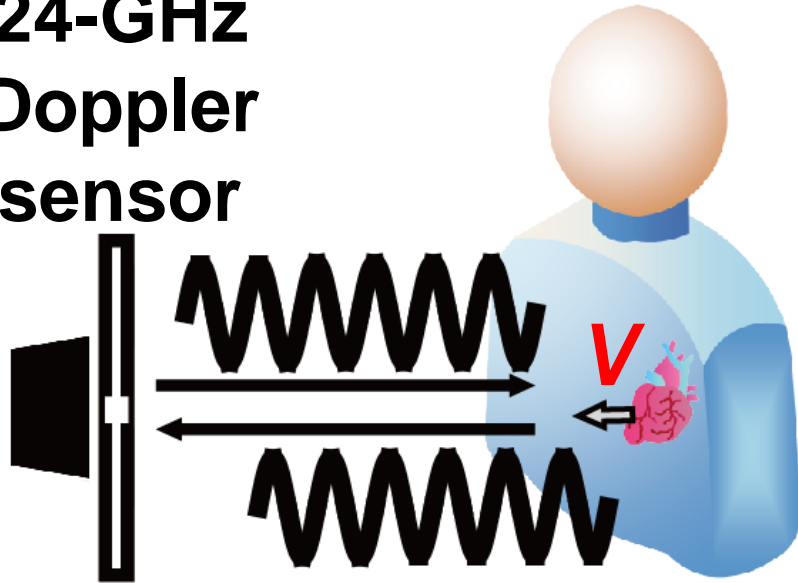


**Non-contact**

- 1) Ultra-low-power pulse wave (PPG) sensor
- 2) Capacitively coupled ECG sensor
- 3) Microwave Doppler (heartbeat) sensor

# Microwave Doppler sensor

24-GHz  
Doppler  
sensor

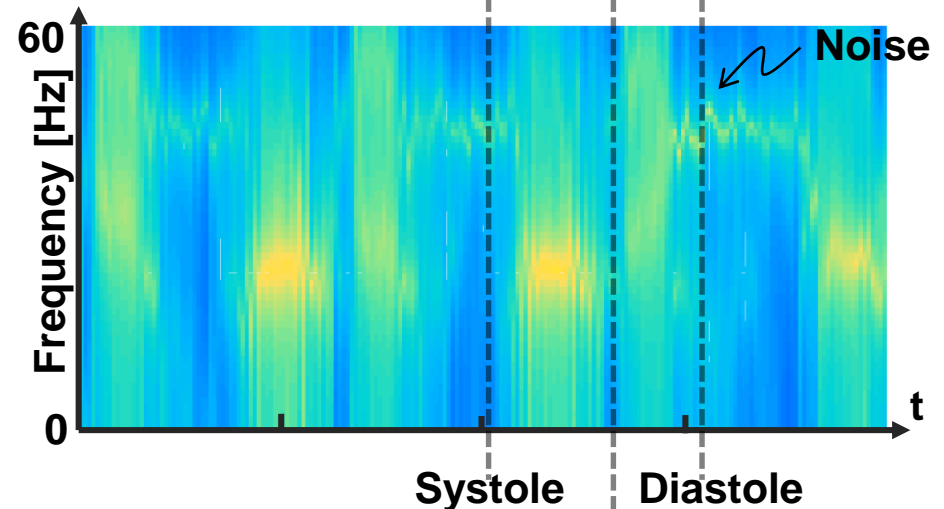
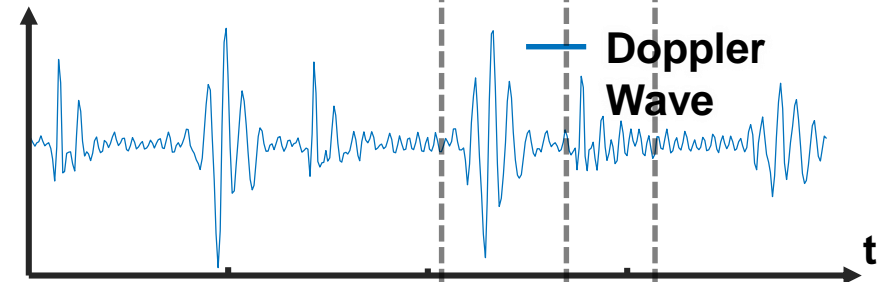
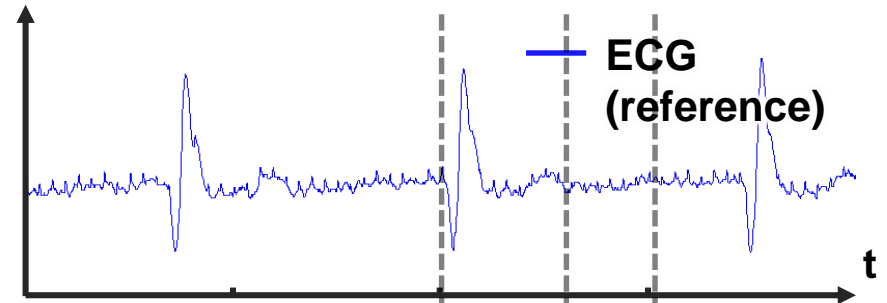


Output:

$$I(t) = A \sin \left( \frac{2V}{\lambda} \times 2\pi t \right)$$

$\lambda$  : wave length

$V$ : velocity of body surface

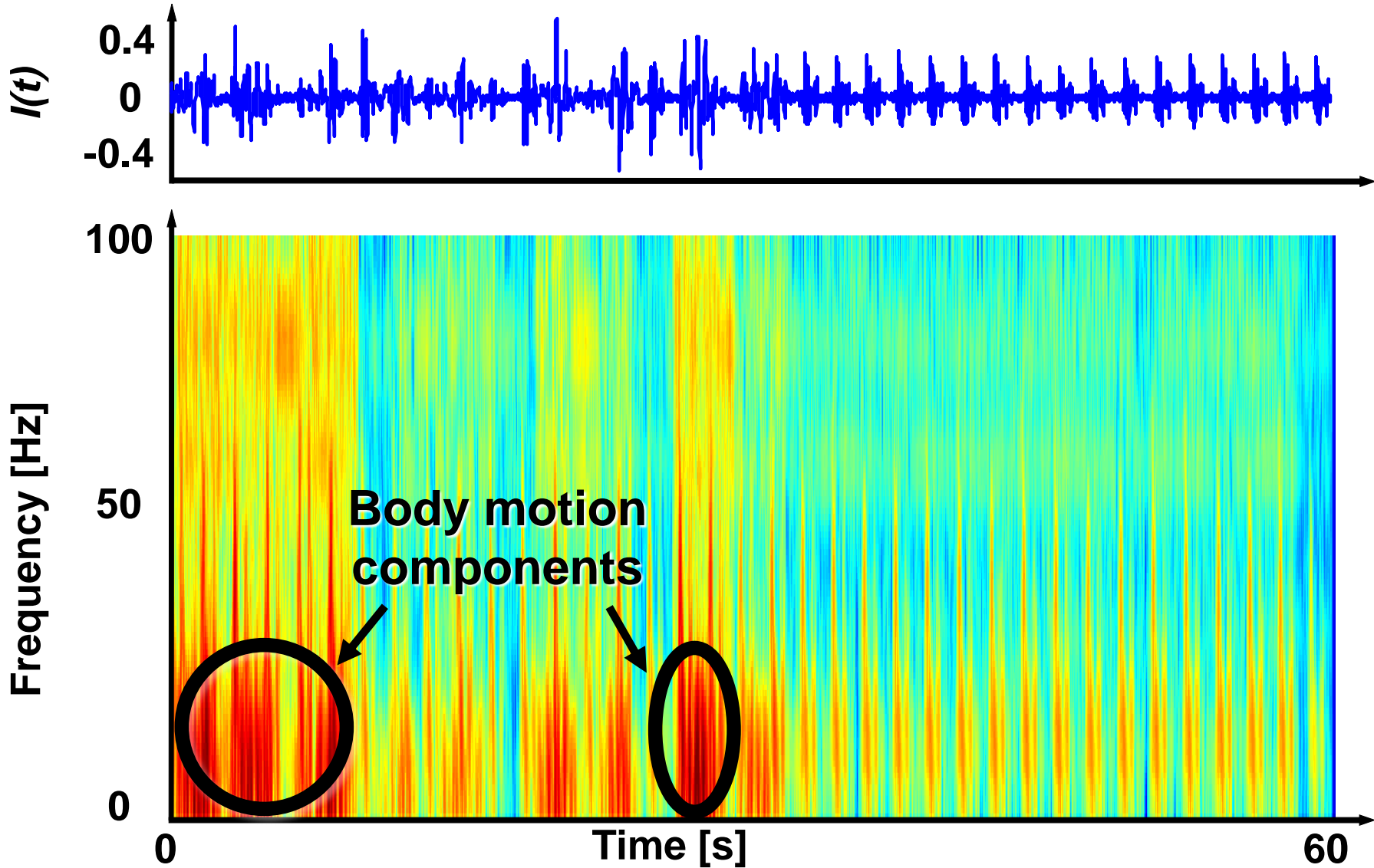


Contact-less, but sensitive to noises.



# Example of time-frequency analysis

---



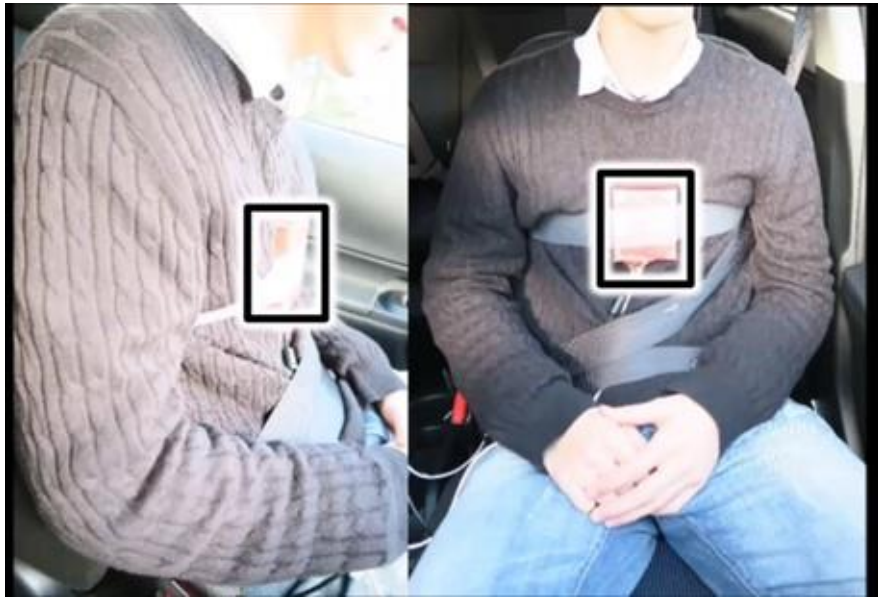
# Microwave Doppler sensor

---



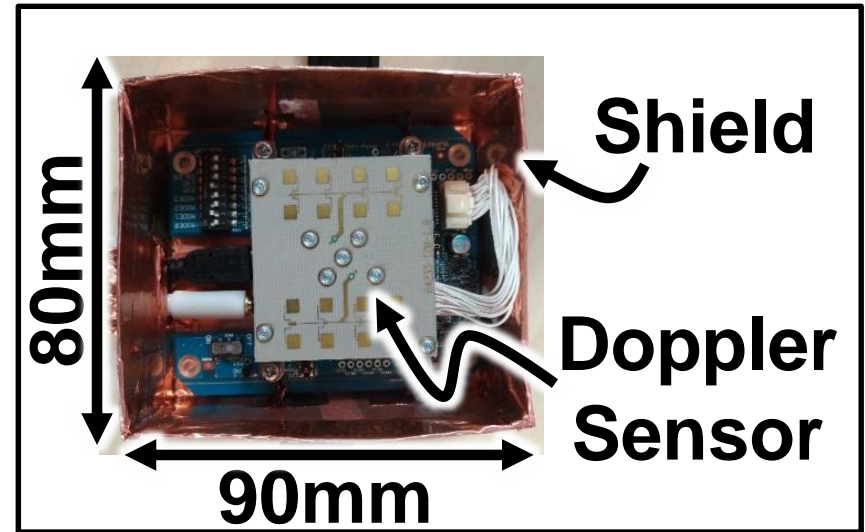
# Microwave Doppler sensor

---



**2 females and 9 men**

**From 22 to 36 years old**



**Driving speed < 50km/h**

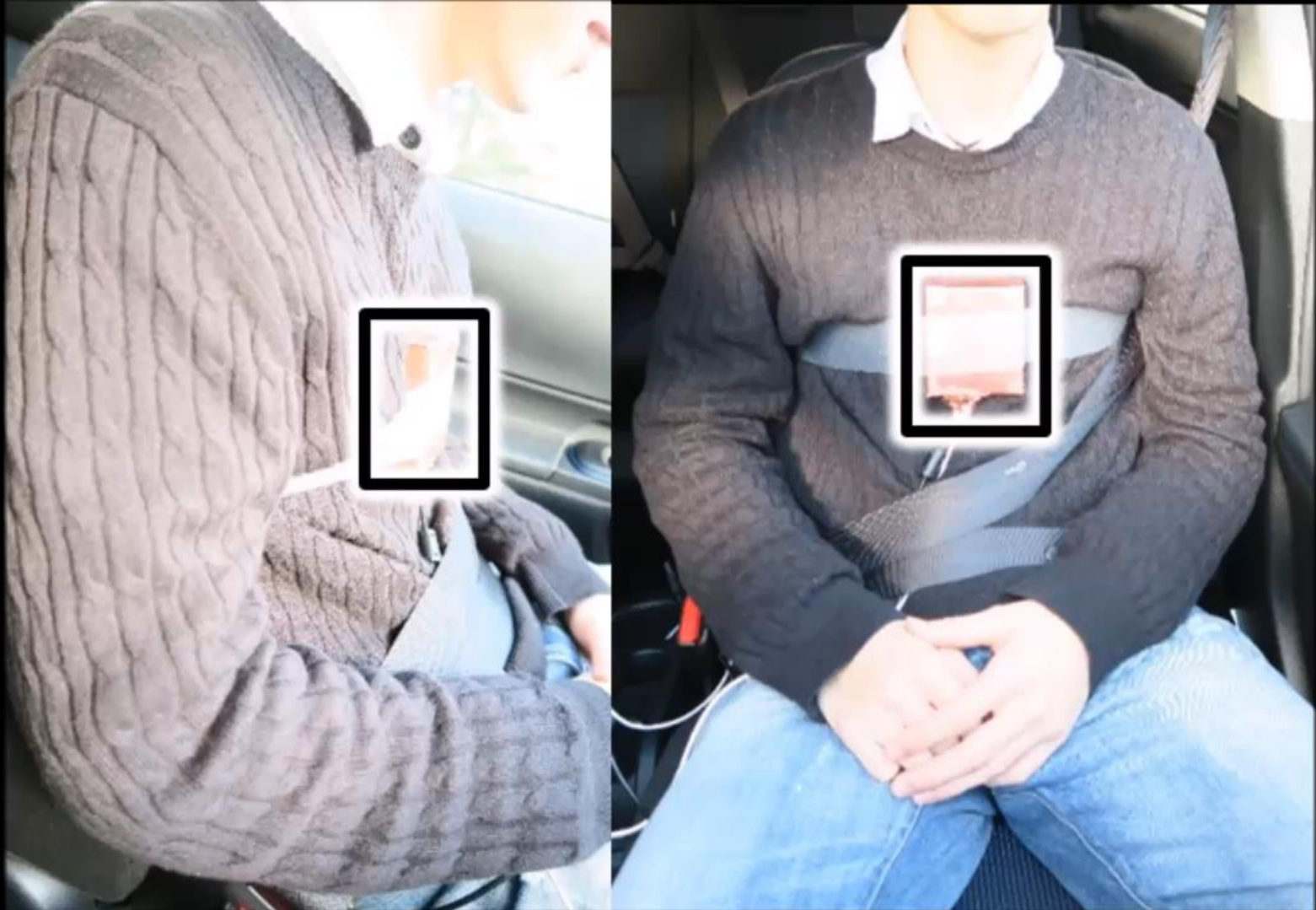
**@R43, Kobe, Japan**

**w/ TOYOTA AQUA**

**The sensor will be integrated with a**

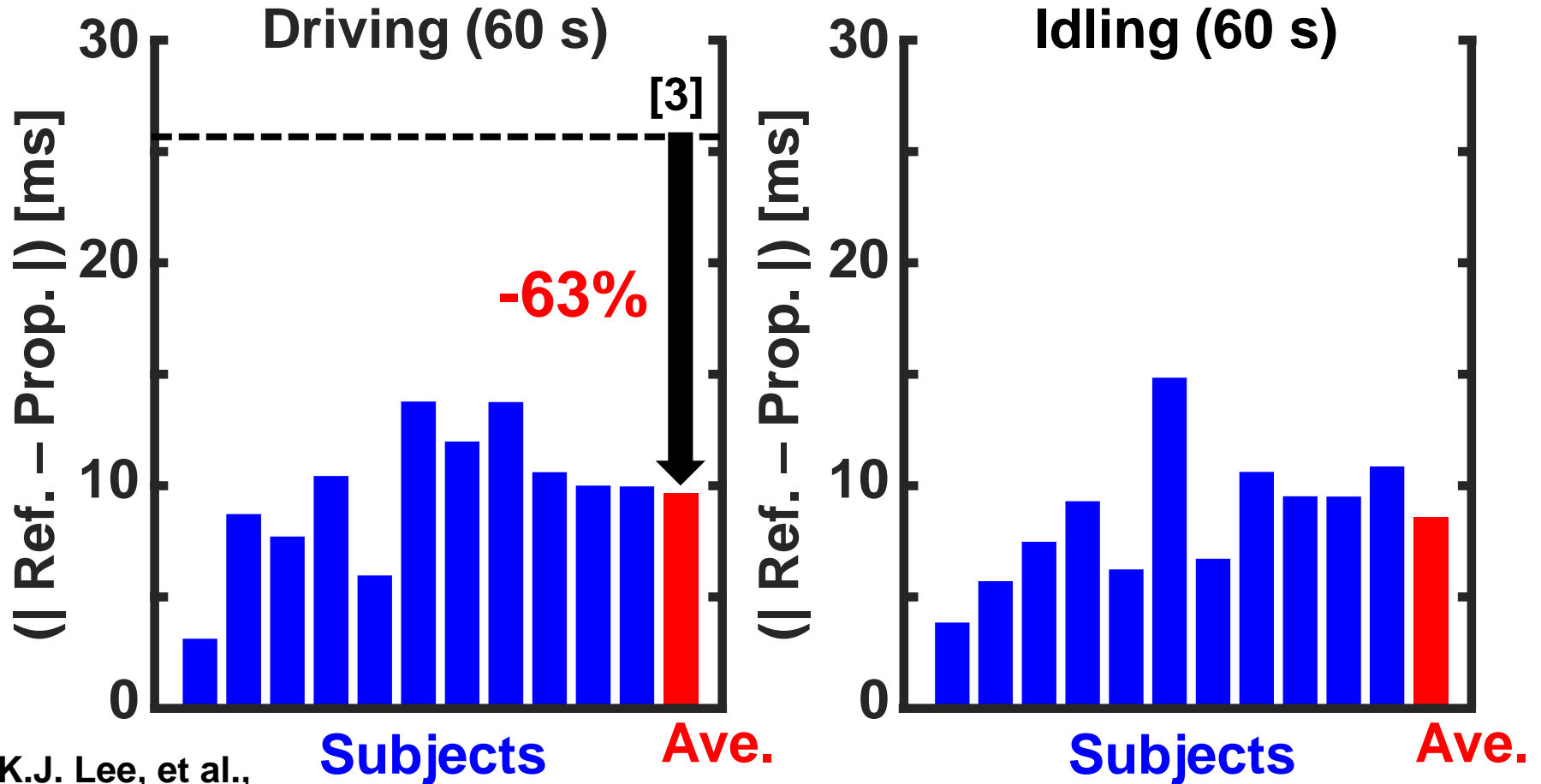
# Microwave Doppler sensor

---



# Accuracy of extracted HR

## Mean absolute error of heart beat interval

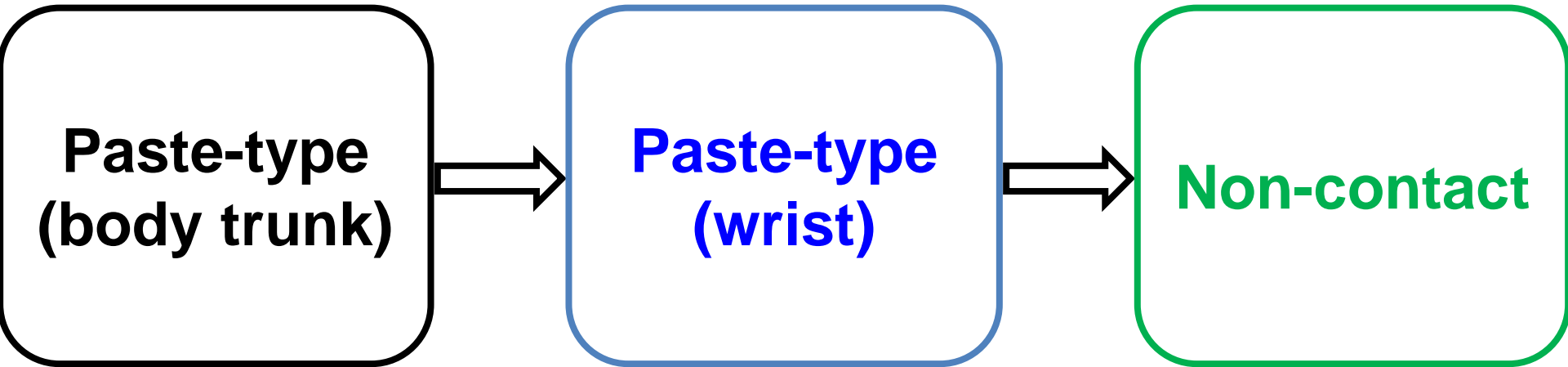


[3] K.J. Lee, et al.,  
*EMBC 2016*, pp. 5417-  
5420, Aug. 2016.

Now, error is less than 10 ms.

# Conclusion

---



- 1) Ultra-low-power pulse wave (PPG) sensor**  
22  $\mu\text{A}$  with 5-ms error is achieved.
- 2) Capacitively coupled ECG sensor**  
ECG is measured in a room and in a car.
- 3) Microwave Doppler (heartbeat) sensor**  
10-ms error is achieved while driving.